



## ***SATURDAY NIGHT OVERVIEW***

So far we know that we weren't created to be alone and keep everything locked up inside—that's the reason we have small groups in the first place. We are here to share burdens and to carry burdens together. We also learned that we have a tendency to hide in shame, and that keeps us from really talking about the stuff that matters to us or the stuff that's hurting us. Tonight, we recognize that when something is bigger than us—too messy, too painful, too hard to handle—we can take it to God because he is waiting. He's waiting for us to come to him so he can take our burdens and hand us forgiveness and grace.

## ***BOTTOM LINE***

We can have confidence that God's response is always mercy and grace.

## ***SCRIPTURE***

If we claim we have no sin, we are only fooling ourselves and not living in the truth. But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. // 1 John 1:8-9

## ***CONVERSATION STARTERS***

- What did you think about tonight's session?
- How did you feel about the opportunity to lay your bricks down at the cross?

## ***WHAT DOES GOD SAY***

- Read 1 John 1:8–9. What does it mean to confess your sins?
- What gives us the confidence to approach God?

## ***THINKING ABOUT YOUR LIFE***

- Does anyone feel comfortable sharing what was on their label so we can help carry your burden?
- Is there something you feel you need to be cleansed from?
- How can we continue to care for you? If you could ask the group or one person to do something to help you with your burden what would that be? What would it look like?
- How would you live differently if you had total confidence that God accepted you?