

## Frequency 2023 Camp Schedule

### Friday

6:00 PM - Check In at Southside

9:00 PM - Arrival at Camp

9:30 PM - Session 1

10:30 PM - Small Group

11:00 PM - Lights Out

### Saturday

8:30 AM - Breakfast

9:30 AM - Quiet Time/ Leader Meeting #2

10:00 AM - Session 2

12:00 PM - Lunch

1:00 PM - The Golden Goose Gambit

2:00 PM - Free Time Starts

5:00 PM - Free Time Ends

6:00 PM - Dinner

7:30 PM - Session 3

9:00 PM - Small Groups

10:00 PM - Late Night

11:00 PM - Lights Out

### Sunday

8:30 AM - Breakfast

9:30 AM - Quiet Time in Chapel/ Leader Meeting #2

10:00 AM - Session 4

11:30 AM - Depart from Camp

1:30 PM - Arrive at Southside