



SATURDAY EVENING

So far we know that we weren't created to be alone and keep everything locked up inside and that's the reason we have small groups in the first place. We are here to share burdens and to carry burdens together. We also learned that we have a tendency to hide in shame of our sin, and that keeps us from really talking about the stuff that matters to us or the stuff that's really hurting us. Tonight we recognize that when something is bigger than us, too messy, too painful, too hard to handle, we can take it to God because he is waiting. He is waiting for us to come to him so he can take our burdens and hand us forgiveness and grace.

BOTTOM LINE

We can have confidence that God's response is always mercy and grace.

HEBREWS 3:14-16

Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

DISCUSSION GUIDE

- Who is our high priest?
- What does "hold firmly" to the faith mean?
- What gives you and me the confidence to approach God?

- Does anyone feel comfortable sharing what was on their label so we can help care your burden?
- How can we continue to care for you? If you could ask the group or one person to do something to help you with your burden what would that be? What would it look like?
- How would you live differently if you had total confidence that God accepted you?