

Being an Intentional Parent

DAVID THOMAS & SISSY GOFF

**INTENTIONAL
PARENTING**
P A R E N T S U M M I T 2 0 2 2

1. BEING A CONNECTED PARENT

- Being connected involves being in their world.
- Being connected involves relationship.
- Being connected involves real time.
 - Use technology to your advantage.
 - Take a technology sabbath.

2. BEING A CONSISTENT PARENT

Discipline is a carefully managed event, not a sudden, spontaneous, personal reaction to the child's behavior. —Walter Wangerin, Jr.

- Start with a yellow light.
- Give them a choice and then accelerate the consequences.
- Follow through.
- Let the consequences do the teaching.
- Say, “Uh-oh, try again,” and love them too much to argue.
- Move on, and help them move on as well.

3. BEING A BALANCED PARENT

- Balancing Time
- Balancing Support
- Too Much Support Limits Growth
- Empathy and Questions
- Balancing Emotion
- Emotionally Charged Moments = Mistakes
- Time and Space

4. BEING A PATIENT PARENT

Being Patient with Your Child:

- Start 15 minutes early.
- Think about your child's capabilities.
- Don't take things personally.

Being Patient with Yourself:

- Take care of yourself.
- Make your own yellow-light list.
- Remember that we serve a God who redeems—all things, all mistakes... even yours.