

Life Hacks - Jeff Henderson
Hack #1 :: Integrity

Bottom Line

Integrity is the courage to meet the demands of your reality.

The integrity of the upright guides them,
but the unfaithful are destroyed by their duplicity.

Proverbs 11: 3 NIV

Are you a person of integrity? Not, do you have integrity? Instead, are you courageous enough to apply integrity to meet the demands of your reality?

1. Define the word “integrity.”
2. If someone has integrity, what specific areas of his or her life demonstrate that? How do you feel when someone of integrity falters?
3. Have you ever dealt with someone who could be described as duplicitous? What about the way they interacted with you causes you to feel that way?
4. How does demonstrating integrity in our finances, work, relationships, and spirituality? Conversely, how does not doing what we ought in these areas affect our witness?
5. How are you doing living up to the ideals in these areas? Are there any gaps? What adjustments can you make over the next few weeks and months to strengthen areas of weakness?