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FUTURE YOU

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INTRODUCTION

We all have appetites. God created them, but sin has distorted them. Now, they have the power to trick us and lead us astray. They shout “More,” and they whisper, “Now.” When it comes to our appetites, we will either rule over them or they will rule over us. How you respond to and manage your appetites in the present will shape who you become in the future.

DISCUSSION QUESTIONS

1. If the 6th grade version of you had gotten a tattoo, what would it have been and where would it have been?
2. Have you ever bought something and then had buyer’s remorse? What was it?
3. If you could tell the 18-year-old you one thing, what would it be?
4. Read Genesis 25:29-34. Which feature seems more prominent in the passage: Esau’s desire for the bowl of stew or his disregard for the value of the birthright? Why?
5. Which appetite is strongest for you: to be right, to be respected, to be admired, or to be loved? Why?
6. How does sin distort our appetites?
7. Complete this sentence: “Five years from now, I want my life to include...”

THINK ABOUT IT

What has the power to break the power of distorted appetites? What would the future you tell you to do this week?

WHAT WILL YOU DO

What would the future you tell you to do this week?

CHANGING YOUR MIND

Put on your new nature, and be renewed as you learn to know your Creator and be like him. Colossians 3:10 NLT